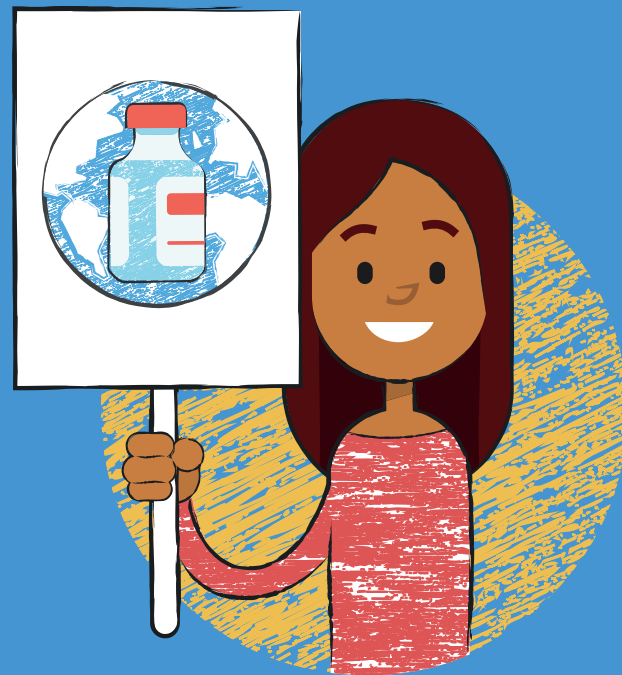




GLOBAL ADVOCACY NETWORK WELCOME PACKET



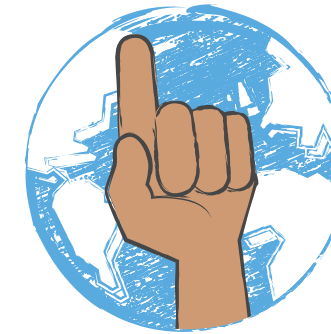
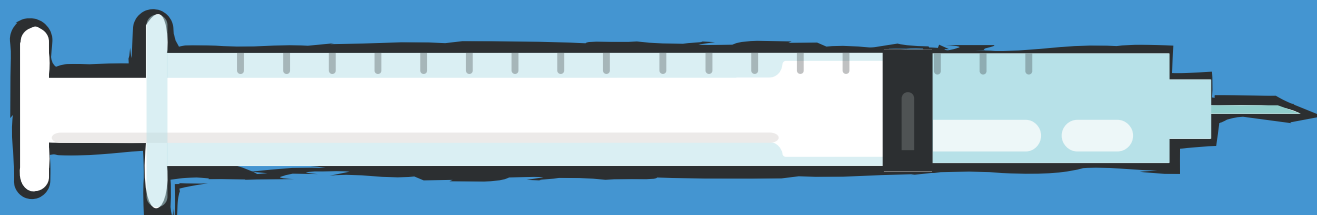


We are excited that you want to learn more about diabetes advocacy and join our Global Advocacy Network!

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1. About T1International



T1International is a non-profit led by people with type 1 diabetes for people with type 1 diabetes. We support local communities around the world by giving them the tools they need to stand up for their rights. Our aim is to empower advocates to ensure that access to insulin and diabetes supplies becomes a reality for all.

T1International started the #insulin4all movement and has been a leader in patient advocacy since 2013. We take no funding from pharmaceutical or diabetes device companies in order to avoid conflicts of interest and to ensure independent advocacy. We will continue to work with advocates until affordable insulin and diabetes supplies are a reality worldwide.

Read more about T1International's history [here](#).

Vision and Mission

Our Vision: We believe in a world where everyone with type 1 diabetes – no matter where they live – has everything they need to survive and achieve their dreams.

Our Mission: We support local communities by giving them the tools they need to stand up for their rights so that access to insulin and diabetes supplies becomes a reality for all.

About #insulin4all

#insulin4all is a grassroots movement of people with diabetes and allies fighting for affordable and accessible insulin and supplies. #insulin4all was launched initially as a campaign for World Diabetes Day 2014 by T1International and other organisations. The movement intends to draw attention to diabetes issues worldwide and it is used as a rallying cry by people in many countries around the globe. Over the years, the campaign and hashtag have grown into a larger global movement.

Read more about the history of #insulin4all [here](#).



2. The Global Advocacy Program and Network



People living with diabetes face different issues all around the world. T1International aims to give advocates the tools they need to push for change in their communities and foster a Global Advocacy Network of advocates fighting for change around the world. T1International Global Advocates, Global Advocacy Chapters, and Global Advocacy Partners identify the issues in their country that they want to work on and develop action plans to make change. T1International supports our Global Advocacy Network through that process.

Global Advocates and Global Advocacy Chapters are T1International ambassadors, spreading the word about our mission and global campaigns and incorporating our mission into their own plans. They also help inform T1International about what is happening on the ground in their countries and help craft T1International's plans and campaigns throughout the world.

T1International's Global Advocacy Partners, on the other hand, are organisations that already have established structures, goals, and missions. Global Advocacy Partners gain advocacy support from T1International and work together with the organisation on specific issues and campaigns.

The Global Advocacy Program

The Global Advocacy Program with T1International is for people with no experience with advocacy as well as those who have been advocating for some time. No matter what your experience level is with advocacy, T1International will help you build skills and find your voice as an advocate or continue the advocacy work you have already begun.

Our advocacy toolkit and training will provide you with a comprehensive introduction to advocacy. Throughout the year, refresher courses and mentorship opportunities with T1International Staff, as well as with other Global Advocates, Global Advocacy Chapters, and Global Advocacy Partners will help you refine your skills.

You, or you and your team, will naturally fall into one of these three roles when you enter the program, which T1International will assign based on your responses to the role application survey. These roles are described below. Please read the descriptions well.

Role Descriptions

Global Advocates

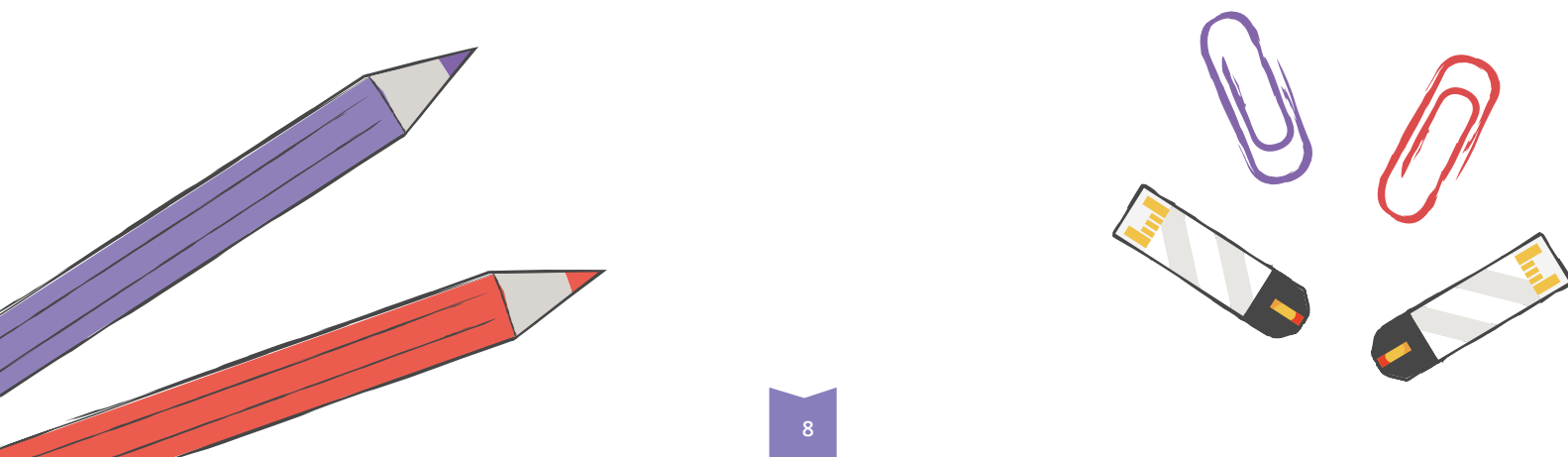
Typically, Global Advocates are individuals who are not yet connected to others in their country who are ready to engage with advocacy efforts. Global Advocates may or may not be participating with others in their country in a diabetes support group. Global Advocates may have no previous experience with advocacy or they may have quite a bit. Similarly, Global Advocates may have an idea of what they want to work on or may not know exactly what issue they want to tackle. Global Advocates are those who want to represent the issues facing people with diabetes in their country and represent T1International to push forward global diabetes advocacy.

Global Advocacy Chapters

Global Advocacy Chapters are networks of individual advocates working together to further T1International's mission in their country or region. Global Advocacy Chapters members may have a lot of experience with advocacy or they may just be learning. Global Advocacy Chapters usually are not part of a local organisation but are instead a group of people committed to advocacy outside of other established groups in their country (if any exist).

Within a Global Advocacy Chapter, it can be beneficial to build a membership that includes individuals with expertise in the medical, legal, business management, and political fields. Global Advocacy Chapters will need to establish a basic structure to make communication with T1International and goal-setting easier and more efficient. At a minimum, Global Advocacy Chapters should designate a Global Chapter Representative. This person will be the primary person in charge of communicating the Global Advocacy Chapter's goals and progress with T1International. It will ultimately be up to each individual Global Advocacy Chapter to decide on the structure that works best for its membership, but T1International can help you in this process by providing ideas and support.

In some cases, the Global Chapter Representative may also fill the role of Global Advocate. This is decided between T1International, the Global Advocacy Chapter, and the Global Advocate, depending on the current stage of development of the Global Advocacy Chapter.



Global Advocacy Partners

T1International supports Global Advocacy Partner organisations with specific advocacy needs and, in turn, Global Advocacy Partners share their experiences and local knowledge to support our Global Advocacy Network. Global Advocacy Partners are those who have some combination of a predefined action plan, an existing structure and network, and a skill bank to draw from related to advocacy. The defining characteristic of Global Advocacy Partners is that rather than an individual or group of people coming together under the banner of T1International, they are an existing organisation or entity with plans and issues already identified and defined.

Support and Responsibilities

Global Advocates and Global Advocacy Chapters

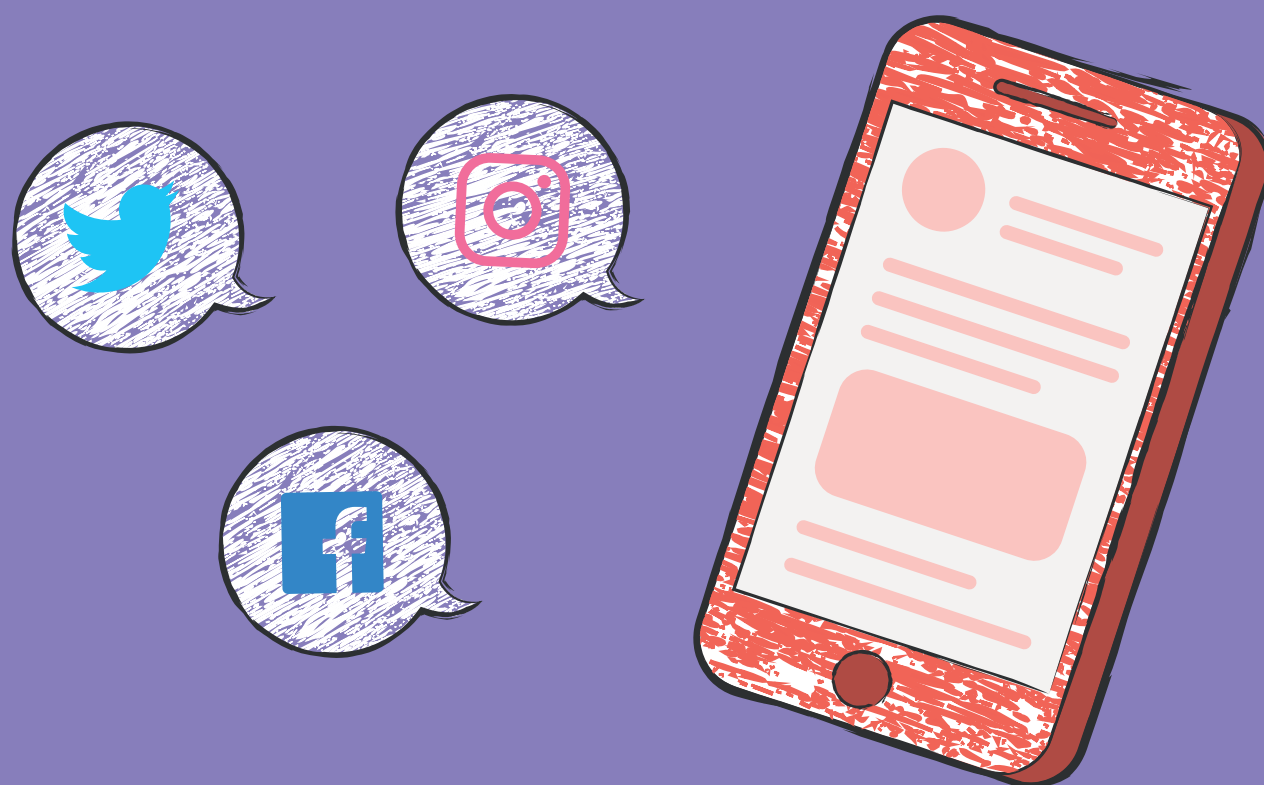
While Global Advocates are working alone and Global Advocacy Chapters may have many members, for the most part the support that they receive from T1International is the same. Likewise, the responsibilities we request that Global Advocates and Global Advocacy Chapters fulfill are very similar.

As a T1International Global Advocate or Global Advocacy Chapter you will have access to:

- Information about how the organisation works and your role in it so that you can meet the responsibilities of this role
- Regular support from T1International to share successes or challenges and get feedback from us
- Regular opportunities for communication with a community of other advocates worldwide
- A multi-part online advocacy training containing everything you need to get started with advocacy
- Ongoing refresher trainings on key components of advocacy
- Tools and resources to help carry out your plans and troubleshoot around potential issues
- The opportunity to provide T1International with feedback to make its Global Advocacy Program stronger

Your responsibilities will be to:

- Gain a full understanding of T1International's work, including our mission, vision, and strategy
- Undergo the Global Advocacy Training (online)
- Participate in T1International Refresher Courses (commit to attend at least 2 courses per year)
- Create an Advocacy Action Plan and carry it out in your country with support from T1International
- Complete quarterly surveys to update us on your progress
- Share experiences and successes with T1International and its Global Advocacy Network on a regular basis (attend at least 4 Global Advocacy meetings (online) each year)
- Help us understand life with diabetes in your location, including the healthcare system that people with diabetes use
- Offer insights and opinions about our upcoming advocacy and campaigns work
- Build up the network of advocates within your country and raise awareness about the work of T1International
- Share key educational information, tools, resources and campaign information with your contacts in your country
- Engage with T1International on social media to build the profile of our Facebook, Twitter, and Instagram pages



Global Advocacy Partners

As a T1International Global Advocacy Partner you will have access to:

- Information about how the organisation works and your role in it so that you can meet the responsibilities of this role
- Regular support from T1International to share successes or challenges and get feedback from us
- Regular opportunities for communication with our Global Advocacy Network around the world
- An online orientation training that will introduce you to tools and resources to strengthen your mission and approach
- Ongoing refresher trainings on key components of advocacy, as requested
- Tools and resources needed to help carry out your mission and troubleshoot around potential issues
- The opportunity to provide T1International with feedback to make our global advocacy stronger

Your responsibilities will be to:

- Gain an understanding of T1International's work (including our mission, vision, and strategy)
- Undergo the T1International Global Advocacy Partner Orientation (online) to get to know tools and resources
- Share experiences and successes with the T1International Team by completing the biannual Global Partners Progress Update survey
- Attend at least 2 Global Advocacy meetings (online) each year and support others in the Global Advocacy Network as needed
- Help us understand the work your organisation does related to diabetes and the issues affecting those who you work with
- Offer insights and opinions about our upcoming advocacy and campaigns work
- Share key educational information, tools, resources and campaign information with your organisational contacts
- Where possible, engage with T1International on social media to build the profile of our Facebook, Twitter, and Instagram pages

Time Commitment

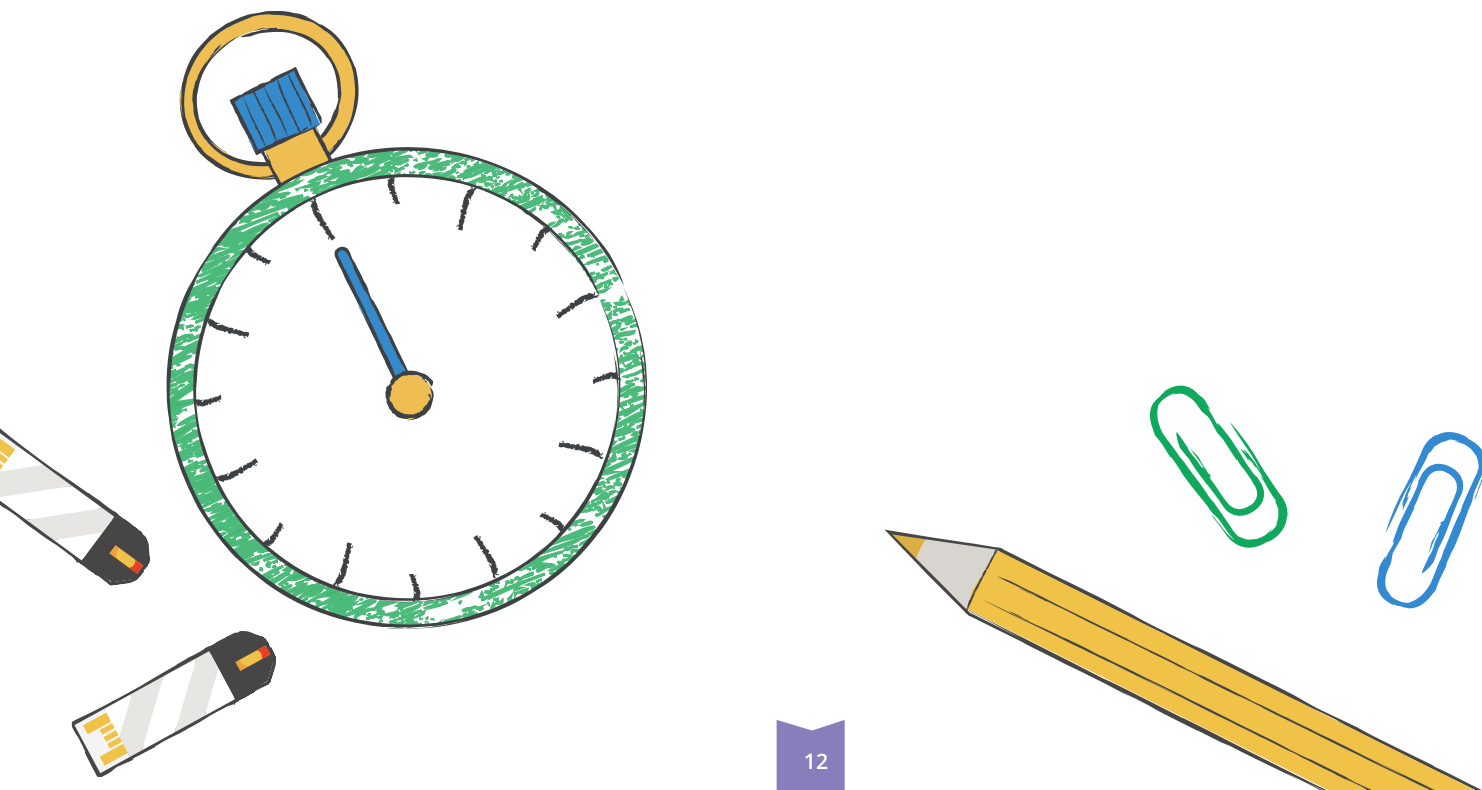
Global Advocates and Global Advocacy Chapters

We understand that Global Advocates and members of Global Advocacy Chapters have many responsibilities and priorities outside of advocacy. Whether you are a Global Advocate working alone or a member of an Global Advocacy Chapter, you will work with T1International to agree upon a realistic amount of time that you can dedicate to advocacy that fits with your unique life situation.

You can manage the time that you dedicate to advocacy in the way that best suits your schedule (i.e. 20 minutes each day over 6 days, 30 minutes each day over 4 days, or 1 hour each day over 2 days), as long as you are engaging with the work and carrying out the role. **However, if you do not have at least 2 hours per week to commit to advocacy, this might not be the right time to take on the global advocacy role.** You will indicate how much time you would like to commit to advocacy on the Global Advocacy Role Application survey, described below.

Global Advocacy Partners

As a Global Advocacy Partner, your time commitment will vary depending on the support you need and the extent to which you are involved in any of our ongoing campaigns. We ask that, at a minimum, you are completing the requirements of the role. This will mean an initial time investment to get to know our organization and complete the Global Advocacy Partner Orientation. Additionally, we request that you attend at least two meetings with the Global Advocacy Network throughout the year. We also offer you the chance to participate in advocacy trainings as you are interested. Therefore, your time commitment will likely vary between 2 to 10 hours monthly over the course of the year.



Terms of Appointment

Global Advocates and Global Advocacy Chapters

We would like for Global Advocates to serve for at least one year. The option to continue serving in the role will be offered to some volunteers at the start of each new year. Our hope is that, as part of their advocacy plan, Global Advocates will develop a network of other advocates within their country or region with the aim of forming a Global Advocacy Chapter. Each Global Advocacy Chapter will initially choose an Global Chapter Representative, which could be an individual who previously served as a Global Advocate. Details of Global Advocacy Chapter Structure will be discussed further in the Global Advocacy Guidebook, provided upon completion of the Global Advocacy Role Agreement form.

Global Advocacy Partners

There are no term limits for Global Advocacy Partners, though they should regularly evaluate their capacity and ability to meaningfully contribute to the Global Advocacy Network. T1International hopes to cultivate long-term partnerships and will make its tools and support available as long as Global Advocacy Partners need them.

Communicating with T1International

Communication will primarily take place via email and WhatsApp. There will be monthly Global Advocacy meetings online via Zoom, with the expectation that Global Advocates and Global Advocacy Chapters will attend at least 4 meetings annually and Global Advocacy Partners will attend at least 2 meetings annually. Members of the Global Advocacy Network should respond to emails or WhatsApp messages within one week whenever possible.

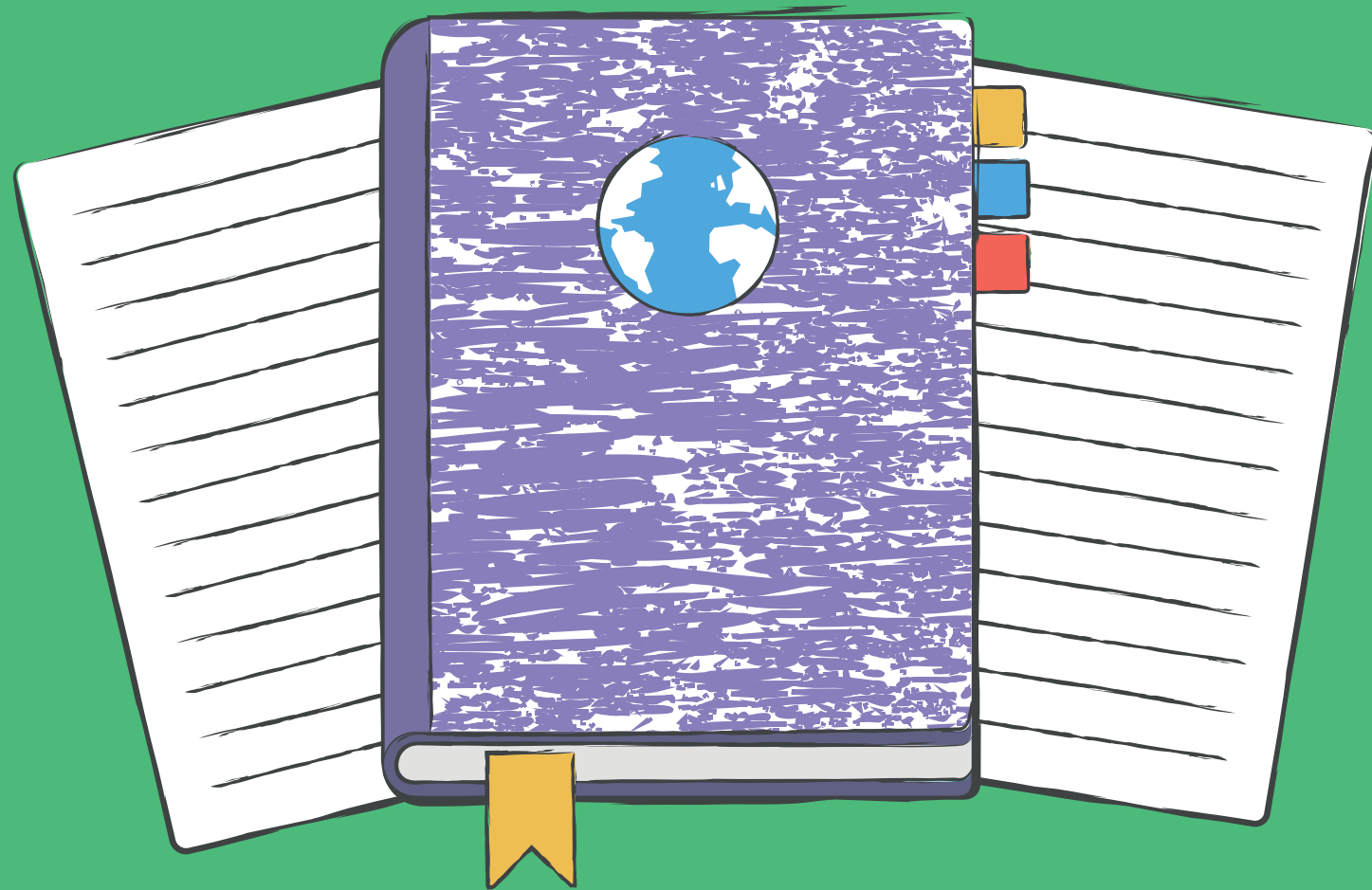
A Note about Self-Care

Many people with diabetes do not have all the supplies, financial resources, healthcare and social support they need. Depending on whether or not you are living with diabetes, this has likely been the case for you at some point and it may even be now. **Prioritizing your needs is the first step in advocacy because if you are not healthy, you cannot advocate for others.**

In order to know when it's time to step back and focus completely on your own health needs, we recommend that each month, you **check in with yourself about the 4 S's of Self-Care**, which you can find [here](#).



3. Diabetes Access Advocacy Toolkit



As a Global Advocate or Global Advocacy Chapter with T1International, you will utilize the Diabetes Access Advocacy Toolkit, which you can access [here](#). This toolkit is a resource for people around the world who want to advocate for better access to insulin, diabetes supplies, care or education. It also includes real-life advocacy case studies to bring the issues to life.

Please note that this and some other resources are available in other languages. Please ask us if you desire to see a resource in another language and we will provide it if possible.

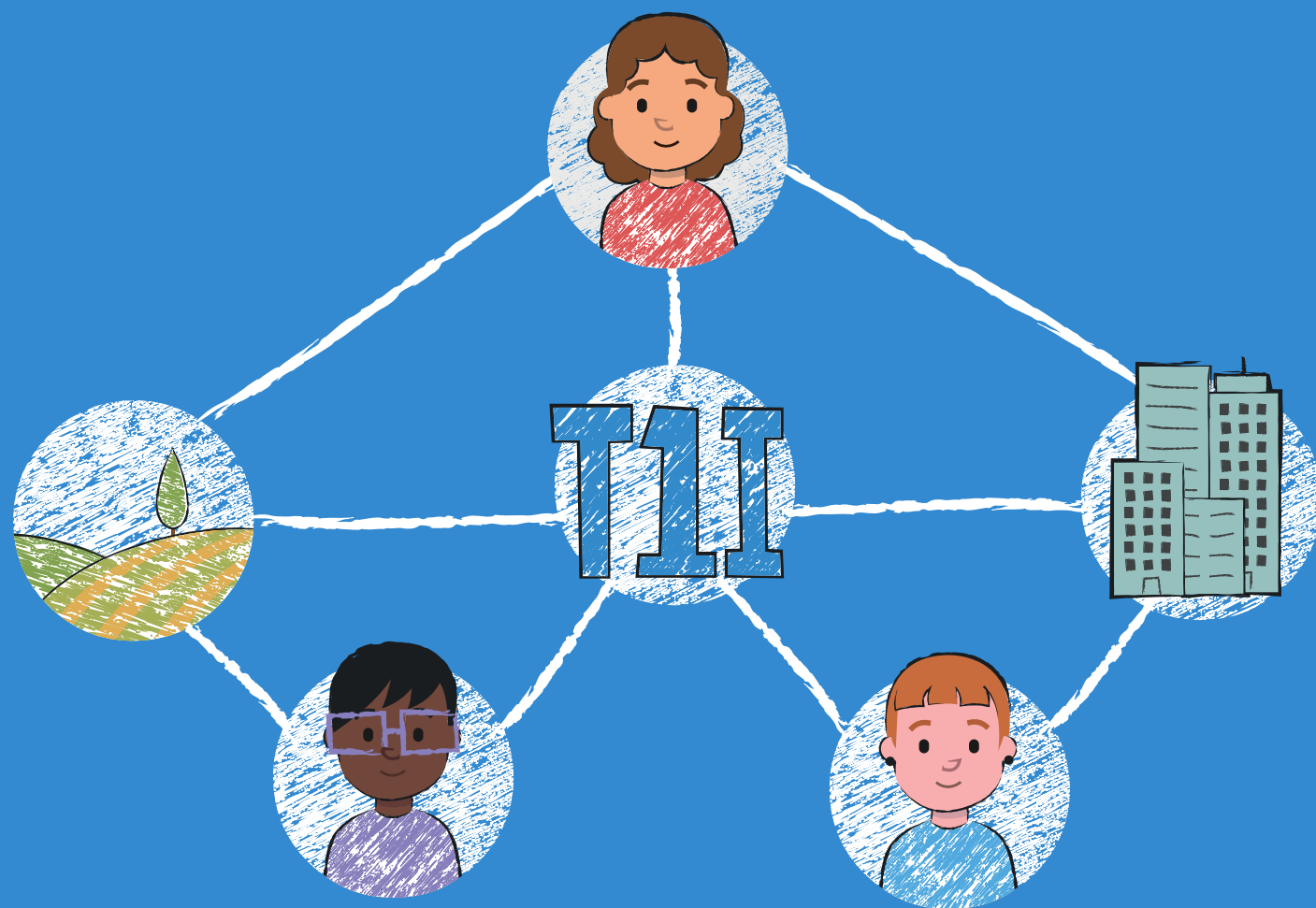


This resource is comprised of five sections:

1. Understand The Issue
2. Plan Your Action
3. Take Action
4. Evaluate & Celebrate
5. Useful Tools

You should take one to two hours to review the toolkit ahead of your Global Advocacy Training, which will be described in the next section. You can start reviewing the Diabetes Access Advocacy Toolkit right away, if you wish. You may benefit from breaking it up into sections and reviewing one section of it at a time.

5. Joining our Global Advocacy Network



We hope that you now have an understanding of the various roles that make up our Global Advocacy Network. If you have any questions at this point, please reach out to T1International. If you have decided that you would like to join us, it's time to complete your Global Advocacy Role Application Survey [here](#).

Once you have completed the survey and confirmed that you wish to join us, a team member from T1International will reach out to you to let you know if we have the capacity to enroll new members into our Global Advocacy Network at this time. If we are able to welcome you to the Global Advocacy Network, you will then have a chance to schedule either your Global Advocacy Training or Global Partner Orientation, depending on which role fits you best. We will also answer any questions you have and provide you with more information about the next steps in your role. Thank you for considering advocating with us!



