



A century after its discovery, only half of the people who need insulin have reliable access to it.

"Insulin does not belong to me, it belongs to the world."

**Frederick Banting,
Discoverer of insulin**

In the US, the annual per-patient cost of insulin has increased from \$231 to \$736 in the last ten years.

In Syria, up to 77% of income can be spent on diabetes supplies.

In Brazil, diabetes supplies can be as much as \$700 a month.

In Mozambique, the life expectancy of a child with Type 1 diabetes in rural areas is less than eight months.

Life with diabetes is complicated. Access to insulin, diabetes supplies and medical care should not be.

As a charity founded and led by people with diabetes, we're here to change that.

Around the world today, people with type 1 diabetes are dying because they lack insulin, supplies, education, and treatment. It's a scandal that disproportionately affects the world's most vulnerable, who struggle to access this life saving medication. The numbers are daunting, globally 100 million people need insulin, yet half can't reliably access it because its unavailable, unaffordable, or both.



Photo: Advocates with diabetes from four African countries

How we work
We believe where you're born shouldn't determine whether you live or die from diabetes.

Information and support
Because we have the knowledge to change things.

We're there for our community, supporting advocates worldwide with in-depth training to equip them with skills, knowledge, and tools so they can affect change in their local area.

Today, we have advocates in 20 countries and our advocacy resources have been translated into 10 languages and are being used in over 30 countries.

Campaigns and network
Because we face it together.

As a charity founded and led by people with diabetes, we face it together. We're here to campaign for systemic and sustainable change. We help make sure that people with diabetes get the care they deserve and can stand up for their rights. We advise and mentor community leaders and local Chapters so they can build networks and pressure governments to make sure policies and targets are implemented.

Global influence
Because insulin belongs to the world.

We use our influence to put our peers on the global stage. Our regular testimony, to agencies like the WHO, highlights the experiences of patients and ensures their voices are at the forefront of global policymaking. And by never accepting money from the pharmaceutical industry, we can boldly challenge their global influence, fighting to make sure insulin belongs to the world, like its discoverers intended.

Making a difference

The impact of your support

Thanks to the generosity of our supporters, we've been able to strengthen our global network of advocates and campaigners and maintain our independence.

This has enabled us to make great progress in reducing costs and barriers to access. Like in Lebanon, where our support for a local campaigner led to glucose monitoring being subsidised by the Ministry of Health. Or how, last year, through robust data and powerful patient advocacy, we persuaded the World Health Organisation to make diabetes a priority issue through their Global Diabetes Compact. Following these discussions, we convinced the WHO to add long-acting analogue insulin to the Essential Medicines List for the first time. This was a huge victory that takes us a step closer to the day when insulin, supplies and treatment are affordable and accessible for everyone, no matter where they are in the world.

But despite all the progress we have made, there's still much to do. Over the next three years we need to invest further in training and resources, monitoring and evaluation, as well as personnel in our small UK team.

Together, we will become the generation that gives insulin back to the world.

T1International has made a strong start after recruiting our first team members in 2020. Now, your support will help us to:

- ✓ Support and grow our global network of advocates
- ✓ Recruit the final roles we urgently need in our UK team
- ✓ Invest in the expansion of research, such as the out-of-pocket survey